

# UNTIE THE KNOTS

## SAMHAIN DAY OF THE DEAD

Explore the Influence of Your Ancestors and Heal the Transgenerational Web of Life!

A workshop to recognize the “gifts” (both painful and empowering) you have inherited, and untie the knots that bind you, freeing you to heal yourself, your family, and future generations.

Samhain and Walpurgis mark the transitions between darkness and light: while Walpurgis celebrates life, Samhain leads us into the lower worlds, where our ancestors and all unlivable potential lie dormant. On Samhain, we honour this ancient portal by using its transformative energy to **connect with our lineage, untie the knots that bind us, and restore the flow of life through our ancestral web**. When we honour them with love, our souls grow wings and we step into freedom.

We are all connected through an invisible web of life formed by those who came before us. In this workshop, we dive into that ancestral web, uncovering knots created by trauma, pain, tragedies and unfinished stories passed down through generations. It is for anyone who wants to understand the deep influence of ancestry on their current life—whether dealing with family patterns, emotional blocks or simply wishing to honour their lineage.

We will invite participants into altered states of consciousness to open up a bridge and connect with the dimensions where the energy of our lineage and past lives reside.

### What we will explore

- **The Web of Life:** We are a part of a network of lines that have crossed and intertwined. These lines were once free-flowing, but trauma created knots that block the flow of energy.
- **Repeating Family Stories:** We often replay patterns from past generations that aren't truly ours. By recognising inherited wounds and emotional imprints, we can begin to untie these knots and free ourselves.
- **Transgenerational Healing:** Many challenges that seem personal are part of ancestral trauma carried forward by our lineage.
- **Restore The Balance of Giving and Receiving:** Our ancestors gave us life, but also their fears and struggles. Healing means acknowledging their legacy—the stories and gifts—and restoring balance. It's about reclaiming life by feeling what they could not, honouring both those we knew and those long forgotten.
- **Reclaim your power:** This workshop invites you to release unresolved family burdens and step into a space where true healing can occur. By facing the past with openness, you create a new path for yourself and the generations to come.

**When:** October 30th – November 1st, 2026 (Friday, Saturday & Sunday: 10:00 – 18:00)

**Location:** Near Vienna, Austria

**Fee:** Early Bird (until August 31st): 550€ / Standard (after September 1st): 600 €

**Cancellation Fee:** 20 days prior: 50% / 10 days prior: 100%

This workshop is non residential, extra costs for meals and accommodation are not included.

Completion of this workshop counts as 4 hours toward the professional Core Energetics Training requirements.



### Your Hosts Daniela Zambrana and Gyasi Bramos Hantman

Daniela and Gyasi are experienced Core Energetics Therapists and teachers who are passionate about combining Core Energetics with altered states of consciousness and inspiring and empowering individuals on their journey toward personal growth and self-discovery.

CONTACT & REGISTRATION:

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